



Spring 2011

Dear Parent/Guardian and New Student:

Welcome to North Yarmouth Academy (NYA). This will be one of several introductions to electronic communications at NYA. Please take a moment to link to the Health Services Office (HSO) page on our website (<http://www2.nya.org/about/hso/>) and read the description of the HSO. The HSO web page also has links to information about various health issues and resources for parents.

Now to the topic of health forms: required health forms must be completed and **returned by August 1, 2011**. Students whose forms are not submitted by the deadline will not be allowed to participate in pre and/or regular season athletics, class trips or other off-campus activities until completed forms are received by the HSO.

Here is a [checklist](#) for required forms. Forms are available on the HSO website located under Health Forms; please either return these forms via mail or via confidential fax (mailing and fax information is listed below).

**To be completed by healthcare provider:**

**NEW STUDENTS**

- [Physical Exam](#) (*1 page*): NYA requires all students to have a physical on entry to NYA and every 23 months thereafter. A reminder e-mail / letter will be sent to those students who are returning students if a physical exam is needed. Copies of other standard forms for exams are accepted.
- [Immunization Record](#) or [Immunization Exemption](#): State regulations require up-to-date record of immunization history and/or any exemptions from immunizations.

**IF INDICATED**

- [Authorization for Administration of Medication by School Personnel](#) for those students who require administration of medication during school. Please read HSO description.
- [Maine School Asthma Plan](#) for those students diagnosed with Asthma and requiring medication.
- [Food Allergy Action Plan](#) for those students diagnosed with a food allergy and requiring medication.

**To be completed by parent/guardian every year:**

**ALL STUDENTS**

- [Health Information & Authorization for Health Care](#)
- **And don't forget the [Athletic Participation Form](#)**

**Due Date: August 1, 2011**

**Your attention to completing these forms by designated dates is appreciated.**

Sincerely,

Ashley Moody, RN  
148 Main Street  
Yarmouth, Maine 04096  
Office (207) 846-9051 x 402 [amoody@nya.org](mailto:amoody@nya.org)  
Fax (207) 846-8829